

## SONORAD SELF-REFERRAL GUIDELINES



**SELF-Referral patients--Please read carefully. After reading we believe you understand the terms and fit the guidelines set for a self-referral.**

Sonorad Ultrasound understands that people are aware and being encouraged to take control of their own health issues. This has opened opportunities to self-investigate for their health issue or to receive self-assurance for their well-being.

Due to the above reason and Ultrasounds being a non-radiation modality, SONORAD offers scans to the general population based on self-referral. We do accommodate the patients who wish to refer themselves for such scans.

We require you to be aware of and agree to the following before proceeding with a self-referral booking:

1. We only offer scans to 18 years and above.
2. We do not perform obstetric ultrasound scans.
3. Currently we do not provide a dedicated breast scan. You need to book an appointment with another provider if you are looking for a private breast scan.
4. We do not perform spinal scans or spinal injections, as ultrasounds are not considered an appropriate modality to visualise the spinal structures.
5. Currently we do not provide a dedicated transvaginal scan. You need to book an appointment with another provider if you are looking for a private transvaginal scan.
6. Our clinic does not perform cortisone injections/ procedures on individuals who are pregnant and breastfeeding females, as the potential effects on the nursing child are not yet fully understood. Please disclose to us if you are or might be pregnant.
7. Ultrasound is regarded as a safe practice and does not involve any radiation exposure.
8. You are required to complete a self-referral form or patient detail form, with necessary details if you wish to have a scan. If you intend to use the scan for a medical complaint, please document it. If you need reassurance, please state so.
9. Please note, we do not accept self-referrals from you if you are engaged in professional sports or are a member of a professional sports club. For this you would need to obtain a medical referral.

10. We scan only the areas we routinely practice, and we have expertise. The self-referral form/ patient detail form will be vetted by our consultant radiologist, and we will let you know if we are unable to proceed with the requested examination.
11. We are sorry as we will not accept self-referral if you have known cancer, or a long-term medical condition related to the area of concern. In these situations, we recommend you follow the advice of your caring team.
12. You accept you are solely responsible for selecting the area you want to be scanned and that you are not relying on any input in this regard, whether clinical or otherwise, from SONORAD.
13. We may ask you to provide your NHS/ Private GP or healthcare clinician in the patient detail form.
14. For ultrasound **guided injections/procedures**, it is desirable that you have a referral from your caring clinician. In case you do not have a referral request, please book your consultation scan (usually inclusive in the fee) with our consultant radiologist to understand your condition and to take your medical history. The consultant will discuss with you in detail the treatment options. If treatment is mutually agreed, you will be given the details of the procedure with intended benefits before the scan. You will be consented before the procedure. The consultant may exclude you from proceeding with the scan or delay it. This is dependent on the information you provide or from the results of the consultation scan. It is very important that you tell us about anything which could affect our ability to scan you safely.
15. We perform an ultrasound consultation scan before every injection procedure. If you are self-referred (without a referral from a consultant or practitioner) and we determine that an injection is not required, the injection procedure fee will be refunded, and you will only be charged for the diagnostic scan
16. If you cancel your appointment within less than 48 hours' notice, there will be no refund for the booking fee.
17. You will normally receive your scan report through secure email. We normally do not send images until required by your care provider. You will be required to request through email if you need these images by your care provider. A minimum administration charge may apply. Images may take up to 4 working days to be sent.

18. We aim to send your ultrasound report within 48 hours of the investigation through secure portal. A copy of the report can be sent to your GP or care provider of your choice (if you provide us the secure details).

**By reading these self-referring guidelines, you acknowledge that you meet the criteria required to self-refer to an ultrasound scan.**

